Case 1: Maria
Case #1 Background:
Maria is a New Patient to a local family practice; she had a full genome scan performed by a direct to consumer testing company. The results reveal an increased risk of cardiovascular disease and heart attack.

Patient Information:
Name: Maria

She is a healthy female, 39, married for 15 years, vegetarian, marathon runner, avid exerciser, good body weight (low BMI), information seeker, has a teenage boy and a pre-teen girl, both living with her and her husband. They live in a large city, downtown. Maria works at very stressful job as an accountant and is very computer literate. She does not have a routine primary care provider because she is otherwise healthy.

Educational Content to Provide:
Pedigree Construction
Red Flags for significant family history of coronary artery disease